

FRESH TO ORDER

fine . food . fast .

paninis

Grilled, Pressed Sandwiches on Whole Wheat Flat or Ciabatta Bread.
Served With Potato Crisps, Apples, Fruit Salad or Roasted Corn Nut Salad.
Substitute Small F2O Baby Green Salad, House Salad, Caesar Salad or Soup For Only \$2.0

Smokey Southwest Chicken	\$8.9
<i>Spicy Fire-Grilled Chicken, Two Cheeses, Crisp Tortillas, Lettuce, Southwest Ranch Dressing</i>	
Grilled Chicken BLT	\$8.6
<i>Fire-Grilled Chicken, Applewood-Smoked Bacon, Lettuce, Tomatoes, Sprouts, Avocado Aioli</i>	
Roasted Pork	\$8.5
<i>Shaved Brown Sugar Pork Loin, Caramelized Onions, Lettuce, Two Cheeses, Sweet Potato Aioli</i>	
House Turkey Club	\$8.6
<i>House Roasted Turkey, Two Cheeses, Applewood-Smoked Bacon, Lettuce, Tomato, Honey Mustard</i>	
Grilled Prime Steak*	\$9.8
<i>Savory Tender Steak, Roasted Peppers, Blue Cheese Crumbles, Caramelized Onions, Baby Greens, Golden Pepperdews, Horseradish Aioli</i>	
Grilled Salmon*	\$9.5
<i>Bourbon Marinated Salmon, Avocado, Lettuce, Corn Cilantro Relish, Tarragon Aioli</i>	
Grilled Vegetable 	\$8.4
<i>Grilled Zucchini, Grilled Onions, Olive Salad, Baby Greens, Avocado, Grilled Squash, Feta Cheese, Balsamic Vinaigrette</i>	
Chicken Caesar	\$8.6
<i>Fire-Grilled Chicken, Avocado, Crisp Romaine, Tomatoes, Shaved Aged Parmesan Cheese, Savory Caesar Dressing</i>	

	1/2 panini & soup or salad**	full panini
Asian Chicken Crunch	\$8.3	\$7.9
<i>Almond Rosemary Crusted Chicken, Ginger Apricot Coleslaw, Ciabatta Bread, Avocado Aioli</i>		
Tomato Mozzarella 	\$8.1	\$7.9
<i>Fresh Mozzarella, Roasted Peppers, Basil, Tomatoes, Balsamic Vinaigrette</i>		
Crispy Tenderloins of Chicken	\$8.3	\$7.9
<i>Crispy Ale-Laced Chicken, Lettuce, Two Cheeses, Honey Mustard</i>		
F2O Tuna Salad Melt	\$8.1	\$7.9
<i>House Made Tuna Salad, Olive Salad, Two Cheeses, Lettuce, Golden Pepperdews, Ciabatta Bread, Horseradish Aioli</i>		
Waldorf Chicken Salad	\$8.2	\$7.9
<i>Fire Grilled Chicken, Apples, Grapes, Cranberries, Raisins, Candied Walnuts, House Pickled Onions, Blue Cheese Crumbles, Lettuce, Ciabatta Bread</i>		

** F2O Baby Green, Caesar or House Salad Only. 1/2 Paninis Served on Ciabatta Bread Only. Upgrade to full bowl of soup for \$1 extra

perfect bite salads™

All Salads Include Choice Of Croissant Or Whole Wheat Flat Bread, Upgrade to full bowl of soup for \$1

	full salad	1/2 salad & soup		full salad	1/2 salad & soup
Southwest	\$7.7	\$7.9	Mediterranean	\$7.7	\$7.9
<i>Mixed Greens, Tomatoes, Cheese, Roasted Corn, Golden Raisins, Cranberries, Tortilla Crisps, Southwest Ranch</i>			<i>Mixed Greens, Feta Cheese, Tomatoes, Olive Salad, Grilled Onions, Toasted Almonds, Herbs, Red Grapes, Ginger Apricot Vinaigrette</i>		
<i>Suggested Add On Bourbon Grilled Salmon*</i>			<i>Suggested Add On Tender Crispy Calamari</i>		
Market	\$7.7	\$7.9	Club	\$7.7	\$7.9
<i>Mixed Baby Greens, Mandarin Oranges, Candied Walnuts, Golden Raisins, Cranberries, Apples, Toasted Almonds, Balsamic Vinaigrette</i>			<i>Mixed Greens, Toasted Almonds, Bacon, Tomatoes, Cucumbers, Avocados, Cheese, Golden Raisins, Cranberries, Honey Mustard</i>		
<i>Suggested Add On Fire Grilled Chicken</i>			<i>Suggested Add On Ale Laced Chicken Tenders</i>		
Caesar	\$7.7	\$7.9	Chopped Wedge	\$7.7	\$7.9
<i>Crisp Romaine Blend, Shaved Aged Parmesan, Herb Croutons, Caesar Dressing</i>			<i>Crisp Iceberg Lettuce, Blue Cheese Crumbles, Bacon, Tomatoes, Scallions, Blue Cheese Dressing</i>		
<i>Suggested Add On Blackened Chicken Tenders</i>			<i>Suggested Add On Grilled Prime Steak*</i>		
Spinach	\$7.7	\$7.9	Blue Cheese Fig Salad	\$7.7	\$7.9
<i>Spinach, Seasonal Fruit, Strawberries, Toasted Almonds, Blue Cheese Crumbles, Dried Cherries, Raspberry Vinaigrette</i>			<i>Mixed Baby Greens, Golden Raisins, Dried Figs, Candied Walnuts, Golden Pepperdews, Blue Cheese Crumbles, Balsamic Vinaigrette</i>		
<i>Suggested Add On Grilled Prime Steak*</i>			<i>Suggested Add On Blackened Lime Shrimp</i>		
Asian	\$7.7	\$7.9	Dressings: Balsamic Vinaigrette, Blue Cheese, Honey Mustard, Ginger Apricot Vinaigrette, Evo & Aged Balsamic, Fresh Lemon & Herbs, Horseradish Ranch, Raspberry Vinaigrette, Southwestern Ranch, Dijon Vinaigrette, Ranch, Caesar		
<i>Mixed Baby Greens, Candied Walnuts, Tomatoes, Avocado, Sesame Seeds, Pickled Ginger, Mandarin Oranges, Mixed Nuts, Crispy Noodles, Dijon Vinaigrette</i>					
<i>Suggested Add On Almond Crusted Tuna*</i>					

protein add ons for salads

Fire-Grilled Chicken Breast	\$2.5	Tender Crispy Calamari	\$3.9
Blackened Chicken Tenders	\$2.5	Bourbon Grilled Salmon*	\$3.9
Almond Crusted Chicken Skewers	\$3.0	Blackened Lime Shrimp	\$4.9
Ale-Laced Chicken Tenders	\$2.5	Almond Crusted Tuna*	\$4.9
Seared Tofu	\$2.5	Grilled Prime Steak*	\$4.9

 =Vegetarian

* cooked to order, consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

rev.04/03/2015KV

FINE FACT:

All of our dishes are meticulously checked by a manager to ensure accuracy and quality.

FOOD FACT:

We serve Certified USDA Prime Beef, only the top 2% of the beef in the country is Certified Prime.

FAST FACT:

Flavorful, chef inspired dishes, delivered to your table in under 10 minutes.

FRESH TO ORDER

fine . food . fast .

chef's small plates

Add any small bowl of soup or small side salad (f2o Baby Green, Caesar or House Salad) to any of our Chef's Small Plates for \$2.0

Ale Laced Chicken Tenders <i>Honey Mustard Dressing</i>	\$4.0	Brown Sugar Roasted Pork Loin <i>Sweet Mashed Potatoes, Apricot Chutney</i>	\$5.0
Almond Crusted Seared Tuna* <i>Asian Slaw, Dijon Vinaigrette</i>	\$5.0	Crispy Calamari <i>Lemon Frites, Ginger Apricot Vinaigrette</i>	\$5.0
Coconut Curry Chicken <i>Fresh Coconut Curry Sauce, Wheat Berry Rice, Roasted Corn Nut Relish</i>	\$7.0	Chicken Wild Mushroom <i>Mushroom Cream Sauce, Garlic Mashed Potatoes</i>	\$7.5
Chicken Skewers <i>Peanut Chili Sauce, Asian Slaw</i>	\$4.0	Seared Tofu (V) <i>Coconut Curry, Wheat Berry Rice</i>	\$4.0
Blackened Lime Shrimp <i>Asian Slaw, Blue Cheese Dressing</i>	\$5.0		

better for you burgers

Tuna Burger* <i>Ginger Scallion Studded Tuna Burger, Asian Slaw, Baby Field Greens, Whole Wheat Flat Bread, Horseradish Aioli</i>	\$9.9	Bison Burger* <i>Bison Beef Burger, Baby Field Greens, Blue Cheese Crumbles, Whole Wheat Flat Bread, BBQ, Horseradish Aioli</i>	\$10.9
Black Bean Burger (V) <i>Black Beans, Rice, Avocado, House Pickled Jalapenos, Lettuce, Tomatoes, Corn Relish, Whole Wheat Flat Bread, Horseradish Aioli, Honey Mustard Sauce</i>	\$9.7		

entree long plates

Add Small F2O Baby Green Salad, House Salad, Caesar Salad or Soup To Any Entree Long Plate For \$2.0.

	3/4 portion	full		full
Brown Sugar Roasted Pork Loin <i>Slow Roasted, Sweet Mashed Potatoes, Apricot Chutney</i>	\$10.9	\$12.8	Fire-Grilled Chicken <i>Tender and Marinated, Wheat Berry Rice, Balsamic Cabernet Reduction</i>	\$10.9
Almond Chicken Skewers <i>Almond-Rosemary Crust, Sweet Mashed Potatoes, Asian Slaw, Twin Sauces</i>	\$10.9	\$11.8	Calamari <i>Tender Calamari, Lemon Frites, Asian Slaw, Wheat Berry Rice, Ginger Apricot Vinaigrette</i>	\$11.0
Grilled Salmon* <i>Black Bean Orange Sauce, Baby Greens, Roasted Corn Nut Relish, Wheat Berry Rice</i>	\$11.9	\$13.9	Coconut Curry Chicken <i>Fresh Coconut Curry Sauce, Tender Fire Grilled Chicken, Roasted Corn Nut Relish, Wheat Berry Rice</i>	\$11.0
Crispy Tenderloins Of Chicken <i>Crispy Ale-Laced Chicken, Garlic Mashed Potatoes, Honey Mustard, BBQ Sauce</i>	\$9.9	\$11.6	Chicken Wild Mushroom <i>Mushroom Cream Sauce, Garlic Mashed Potatoes, Roasted Mushrooms</i>	\$13.6
Grilled Prime Steak Medallion* <i>Balsamic Cabernet Reduction, Garlic Jack Grit Cake, Baby Greens</i>		\$14.9	Wild Mushroom Prime Steak Medallion* <i>Mushroom Cream Sauce, Baby Greens, Garlic Mashed Potatoes, Roasted Mushrooms</i>	\$14.9
Coconut Curry Salmon* <i>Fresh Coconut Curry Sauce, Roasted Corn Nut Relish, Wheat Berry Rice</i>	\$11.9	\$13.9		

chef inspired soups

Made In House Daily: 1/2 Bowl: \$3.9 Full Bowl: \$4.9

Chicken Tortilla	Tomato Bisque (V)
Corn Chowder (V)	Wild Mushroom (V)
Creamy Chicken Vegetable	Lentil (Vegan, Gluten Free)

individual sides: \$3.9

Garlic Mashed Potatoes (V)	Wheat Berry Rice (V)
Grilled Vegetables (V)	Macaroni & Cheese (V)
Sweet Mashed Potatoes (V)	Garlic Jack Grit Cake (V)
Roasted Corn Nut Salad (V)	Fruit Salad (V)

f2o kids: \$3.9

Grilled Chicken Breast, Wheat Berry Rice
Organic Peanut Butter and Jelly (V)
Chicken Finger Platter
Coconut Chicken, Sweet Mashed Potatoes

Seared Salmon & Rice* (+\$2.00)
Kids Chicken Caesar
Macaroni & Cheese (V)
Grilled Prime Steak Medallion, Garlic Mashed* (+\$2.00)

decadent desserts

Mango Icebox Pie	\$3.5	Seasonal Icebox Pie	\$3.5
Key lime Icebox Pie	\$3.5	Fudge Brownie 27	\$1.9
Chocolate Silk Icebox Pie	\$3.5	Cupcake of the Day	\$1.9
Peanut Butter Icebox Pie	\$3.5	Fresh Baked Cookies	\$1.9

(V) = Vegetarian

* cooked to order, consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

FINE FACT:

All of our dishes are meticulously checked by a manager to ensure accuracy and quality.

FOOD FACT:

We serve Certified USDA Prime Beef, only the top 2% of the beef in the country is Certified Prime.

FAST FACT:

Flavorful, chef inspired dishes, delivered to your table in under 10 minutes.